

Steadfast Ministries / Full Strength Network

You care for a lot of people and we care for you.



As ministers, we benefit from having mentors and friends walk alongside us. However, there may arise times when we could benefit from counseling. Through counseling, we find a safe place to talk about life's hurts and disappointments. Alongside a Christian, evidence-based counselor we can regain balance, avoid burning out, and stay mentally strong. As COGO has become more aware of these needs, an outreach has been developed for pastors and / or their family members who desire counseling.

COGO Ministries has teamed with Full Strength Network to provide a means for our pastors to take part in counseling sessions. And this comes at no financial cost to our pastors! Through this confidential system, pastors entering into counseling with Full Strength Network remain anonymous to COGO and Church of God entities.

COGO Steadfast Ministries invites you to this session filled with faith-based, mental health interventions that may help you move forward in your life, family, and calling.

Rev. Angie Swonger LPCC