

# START FRESH TRANSITIONS

A SPRING LEADERSHIP CONFERENCE

## EDUCATE. EMPOWER. REFRESH.

Join us for Start Fresh, a low-cost, high-impact event designed to empower all **lay leaders, ministers, and pastoral staff** to embrace transitions with confidence and grace.

Through **practical sessions, inspiring worship,** and meaningful connections, you'll gain proven methods to experience personal, spiritual, and team growth.

Don't miss this opportunity to educate, empower, and refresh yourself and your ministry for the next season of your journey!

*"Teach the wise, and they will become even wiser; teach good people, and they will learn even more."*

*Proverbs 9:9 NCV*

## SAT. MARCH 8

10:00 AM - 3:00 PM

MEADOW PARK CHURCH  
COLUMBUS, OH

### REGISTRATION:

\$30 EARLY BIRD (DEADLINE FEB. 13)

\$35 REGISTRATION (FEB. 14 - 27)

\$45 AFTER FINAL DEADLINE



**KEYNOTE  
SPEAKER**  
REV. DR. ESTHER  
COTTRELL



**WORSHIP  
LEADER**  
REV. ROGER  
MCDANIEL



**CONTENT  
DIRECTOR**  
REV. DEMETRIUS  
BOOKER

**REGISTER:**  
[COGO.CHURCH/EVENTS](http://COGO.CHURCH/EVENTS)

## SESSION ONE: 1:00 - 1:45 PM

### **Flourishing In Ministry**

Demetrius Booker

The post-COVID season has brought unique challenges, with many churches seeing fewer members return and ministry leaders facing burnout. FIM or Flourishing in Ministry is designed to equip ministry leaders with tools and encouragement to not just survive but thrive in their calling. Whether you're leading a church or serving in ministry, discover how to flourish despite the challenges and stay rooted in God's promises.

### **Unlock the Power Canva**

Becky Heller

Learn how Canva can transform your church's communication! Whether you're creating graphics, emails, or social media posts, this session will equip you with practical tips and tricks to elevate your design game. No design experience? No problem! We'll show you how easy it is to create professional-looking visuals that connect with your congregation and beyond.

### **Better Safe Than...**

RW Moody & Katie Curtis

Creating a safe environment is essential for every church. In this session, we'll explore practical steps to establish guardrails that protect kids, youth, and ministry leaders alike. Whether you're a leader in kids or student ministry, this breakout is an essential first step to ensuring safety and trust in your church community. *Please note that ALL kids and student ministry leaders will be together for this first breakout session.*

### **Our Steps of Faith in Ministry and Missions**

Tim and Joy Coppess

Join us as we share stories of faith in stepping out of lay member roles into leadership, from serving as lead pastor and wife, to becoming missionaries overseas. Learn how God has worked through transitions and how those experiences are shaping ministry right here in Ohio.

### **Impacting Public Schools and Students**

Josh Chaffin and School Ministry of Ohio

Want to impact students in your community with the gospel of Jesus? This session introduces you to School Ministries Ohio, a powerful way to bring Christ's hope to public school students. Discover how your church can get involved and make a lasting difference in young lives.

### **Following God: One Healthy Choice at a Time**

Rhonna McConnell

In a movement where fellowship often revolves around food, how can we honor God through our daily health choices? This session will explore what it means to care for our bodies as temples of the Holy Spirit, offering practical insights on healthy dietary and lifestyle habits that allow us to live fully for God's purpose.

# SESSION ONE: 1:00 - 1:45 PM

## **Ministry Transitions**

Chris and Esther Cottrell

If you're seeking encouragement to finish well in ministry or need guidance for staying the course God has called you to, join Chris and Esther as they share their joys, successes, and faith-filled journey. Their stories will inspire and empower you to run your race with purpose and perseverance.

## **Transitions at Camp**

Alex Svarda

Transitions are inevitable in camp ministry—whether it's changes in staff, dates, vision, planning, or communication. In this session, we'll explore real-life examples from other camps, learning from their challenges and successes. Together, we'll share strategies and encouragement to navigate transitions effectively and grow stronger through the process.

## **You Are More Than Your Age**

Terry & Roberta Pluto

Ministry is more than an organization—it's how we live each day. From supporting others in nursing homes and shelters to showing Christ's love in the ordinary moments like a store or waiting room, this session will explore how God calls us to embrace ministry wherever we are and make an impact daily.

## **Step Into the Water**

Tonya Kelly

Preparation and transition are deeply connected, but they can feel overwhelming. Some rush through preparation, others linger too long, and sometimes we grow weary and forget God's promise. In this session, we'll unpack how every preparation with God leads to something greater and explore how to transition well into His plans for us.

## **How Will We Multiply?**

Tom Planck

"How will we multiply?" is a vital question for every church to consider. This breakout will help leaders explore practical strategies for fostering growth and multiplication in churches of all sizes. Come ready to learn actionable steps to move your church toward a culture of multiplication.

## **Pastor Spouses**

Lori Roe & Joy Moody

Join us for a meaningful gathering with spouses from across the state. This time of connection and discussion will provide valuable tools and insights to navigate the many stages of change and transition. Come ready to share, learn, and grow together in a supportive community.

## **Dream Bigger**

Mike Harmon

What if God wants to do more than you could ever think, dream, or imagine? This interactive group discussion will explore the reality of God's limitless power and how we can shift our thinking and behavior to align with His bigger plans. Come ready to be inspired, challenged, and encouraged to dream bigger in your life and ministry!

## SESSION TWO: 2:00 - 2:45 PM

### **Embracing New Ideas In Ministry**

Terry Ball

Terry Ball, a seasoned ministry practitioner with decades of experience across every facet of ministry, is passionate about helping churches and ministries thrive. In this session, he'll share strategies and use ideas such as "ART" to connect with your community and draw more people into the church. Don't miss this inspiring and practical class!

### **NXTGEN Kids: Avoiding Burnouts and Working With A Team**

Katie Curtis

Facing burnout in kids' ministry? Join Katie for a practical session on recognizing and avoiding burnout, fostering the importance of teamwork, and building a team that strengthens and benefits your ministry. Walk away equipped to serve with renewed energy and vision.

### **NXTGEN Students: Developing The Team**

RW Moody

Transitions in ministry can be challenging, especially when the main leader does not have a team in place to help. This session will take a look at the importance of developing a team atmosphere in student ministry.

### **Impacting Public Schools and Students**

Josh Chaffin and School Ministry of Ohio

Want to impact students in your community with the gospel of Jesus? This session introduces you to School Ministries Ohio, a powerful way to bring Christ's hope to public school students. Discover how your church can get involved and make a lasting difference in young lives.

### **Has God Called You to the Ministry?**

Kim Leach and David Guess

What does a "call to ministry" look like? In this session, we'll unpack the meaning of a ministry calling and share details about Leadership Focus, the Church of God's pathway to licensing and credentialing. Whether you're exploring your calling or already on the journey, this session will guide you forward.

### **AI in Ministry: Balancing Ethics and Opportunity**

Aaron Holman

Explore the rapidly evolving world of artificial intelligence and its potential impact on ministry. Whether you're new to generative AI or already incorporating it into your sermon prep, this session will equip you to navigate its uses with wisdom and integrity. Discover practical ways to use AI as a research assistant, video editor, image generator, and more, all while addressing the ethical questions that come with this powerful tool.

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## **Disaster Relief** Vernon Maddox and Gordon Garrett

Are you looking for tools and ideas to build Disaster Relief Ministry partnerships that bless both your local church and those in need? Join this session to connect with others who feel called to go and serve. Share experiences, strategies, and inspiration for making a meaningful impact through disaster relief ministry.

## **Pastor Spouses** Lori Roe & Joy Moody

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